

| NOM | CLUB | DELTEBRE | CALELLA | AMPOSTA | PONT | TOSSA | SANT POL | VILANOVA | SANT VICENÇ | TOTAL |
|---------------------------|-----------------------------|----------|---------|---------|------|-------|----------|----------|-------------|-------|
| VERÓNICA ÁVILA LAGO | TRANSTRITLON | 1450 | 1450 | | 945 | | | | | 3845 |
| ANDREA MEDRANO VICENTE | C. BCN TRIATHLON TOTAL3 | | 1350 | 1500 | 840 | | | | | 3690 |
| ANDREA HOM DIAZ | CLUB NATACIO VALLDOREIX | 1400 | 1200 | | 930 | | | | | 3530 |
| CARLA DELGADO GONZALEZ | CLUB NATACIO SITGES | 1300 | | 1300 | 755 | | | | | 3355 |
| ANNA FLAQUER PORTI | FASTTRIATLON-C.N. MONTJUI | 1500 | 1500 | | | | | | | 3000 |
| ISABEL GOMEZ FARGAS | CAMBRILS CLUB TRIATLO | 1400 | | | 1450 | | | | | 2850 |
| SARA ARGERICH BERGADÀ | TRIATLO L'HOSPITALET | 1350 | 1400 | | | | | | | 2750 |
| SERENA SERRA MASO | TRANSTRITLON | 1225 | | 1500 | | | | | | 2725 |
| CARLA PALOMAR RIVAS | CLUB TRIATLÓ CORNELLÀ | 1450 | | | 1225 | | | | | 2675 |
| CRISTINA REY | INDEPENDIENTE | 1175 | | 1500 | | | | | | 2675 |
| TAMARA CORDOBA LUNA | C.E. RAYOTEAM | | 1250 | 1400 | | | | | | 2650 |
| PILI COMES FORASTERO | MONTBIKE | 1115 | | 1400 | | | | | | 2515 |
| MATILDE ESTEVES-GARCIA | CEE SANT GERVASI TRIATLO | 1200 | 1300 | | | | | | | 2500 |
| ANA LOPEZ BARRERA | CLUB TRIATLÓ CORNELLÀ | 1115 | | | 1300 | | | | | 2415 |
| AIDA CASTELBLANQUE | MONTBIKE | 1095 | | 1300 | | | | | | 2395 |
| CRISTINA SANCHEZ PEINADO | CEE SANT GERVASI TRIATLO | 1225 | 1115 | | | | | | | 2340 |
| MARTA BURGUES ROS | KATOA | 1250 | | | 1055 | | | | | 2305 |
| NADEZHDA DROZDOVSKAYA | LLICENCIA DE DIA | | 1015 | | 1250 | | | | | 2265 |
| CRISTINA SOLE MARCE | TRIDIR | 1200 | | | 1015 | | | | | 2215 |
| LAURA LOPEZ FERRER | INDEPENDIENTE | | | 1400 | 785 | | | | | 2185 |
| SONIA MATAS MOYA | CLUB TRIATLO PARETS | 1075 | 1055 | | | | | | | 2130 |
| ANA HERNANDEZ ROLDAN | CE RAYOTEAM | 1300 | | | 825 | | | | | 2125 |
| CRISTINA SÁNCHEZ FERNÁNDE | INDEPENDENT | 900 | 1035 | | | | | | | 1935 |
| KATHARINE JEFFERIES | KATOA | 1135 | | | 745 | | | | | 1880 |
| DAVINIA PALACIOS MACAYO | CLUB TRIATLO ATLES | 885 | | | 725 | | | | | 1610 |
| ARANTXA CLAVELL FONT | CLUB TRIATLO ATLES | 855 | | | 710 | | | | | 1565 |
| ANDREA DRAGO CANES | MONTBIKE | | | 1500 | | | | | | 1500 |
| AURELIE LARROUSSE | LA TRIBU 64 | 1500 | | | | | | | | 1500 |
| CLARA JANES | CLUB TRIATLÓ CORNELLÀ | 1500 | | | | | | | | 1500 |
| TEODOLINDA CAMERA | KATOA | 1500 | | | | | | | | 1500 |
| AIDA FABREGA ARGERICH | C.N. MATARO | | | | 1500 | | | | | 1500 |
| OLGA PONS BOSCH | CLUB TRIATLO GRANOLLERS | | | | 1500 | | | | | 1500 |
| ANNA LLAVERIA MEDINA | CAMBRILS CLUB TRIATLO | | | 1450 | | | | | | 1450 |
| LIDIA TORRENTO BONET | CLUB TRIATLO L'EIX DE NAVAS | | | 1450 | | | | | | 1450 |
| OLENA ABRAMOVA | INDEPENDIENTE | 1450 | | | | | | | | 1450 |

| NOM | CLUB | DELTEBRE | CALELLA | AMPOSTA | PONT | TOSSA | SANT POL | VILANOVA | SANT VICENÇ | TOTAL |
|----------------------------|----------------------------------|----------|---------|---------|------|-------|----------|----------|-------------|-------|
| PILAR RODRIGUEZ PRADAS | STADIUM CASABLANCA ALMOZARA 2000 | 1450 | | | | | | | | 1450 |
| RAQUEL LLOP RAFALES | FASTTRIATLON | | | 1450 | | | | | | 1450 |
| SILVIA MARQUEZ GARCIA | MONTBIKE | | | 1450 | | | | | | 1450 |
| ZAIDA JURADO SANCHEZ | C. TRIATLO MONTORNES | | | | 1450 | | | | | 1450 |
| CRISTINA CABALLERO NOGALES | KATOA | 1400 | | | | | | | | 1400 |
| DELIA BANUS | CLUB NATACIO SITGES | | | 1400 | | | | | | 1400 |
| RAQUEL GIL SOJO | CLUB TRIATLÓ CORNELLÀ | 1400 | | | | | | | | 1400 |
| MARTA MIRON MARTINEZ | C.N. MATARO | | | | 1400 | | | | | 1400 |
| NEUS VIDAL PUCHADES | C.N. SABADELL | | | | 1400 | | | | | 1400 |
| CLARA FONTGIVELL VILELLA | CAMBRILS CLUB TRIATLO | | | 1350 | | | | | | 1350 |
| LAIA ROSELLO GARCIA | CE PICORNELL | 1350 | | | | | | | | 1350 |
| MARIA GIJON MORENO | PRORUNNERS BARCELONA | | | 1350 | | | | | | 1350 |
| MONTSE GOMEZ | TRISU | 1350 | | | | | | | | 1350 |
| NATALIA POCULL VIÑETS | CN CALDES | | | 1350 | | | | | | 1350 |
| NURIA GARCIA GINJAUME | T3R TRIATLO | 1350 | | | | | | | | 1350 |
| ALBA GRACIA PAÑELLA | CLUB NATACIO SITGES | | | | 1350 | | | | | 1350 |
| JUDIT ZARAGOZA RODRIGUEZ | C.N. MATARO | | | | 1350 | | | | | 1350 |
| ELISABET MUÑOZ GARCIA | FASTTRIATLON | 1300 | | | | | | | | 1300 |
| KARINA LOPEZ ROBLES | METROPOLITAN | | | 1300 | | | | | | 1300 |
| NURIA FLORENCIO CABRE | SERRES DEL MESTRAL | 1300 | | | | | | | | 1300 |
| SARA CARMONA HERNANDO | CLUB ESPORTIU Z5 | | | | 1300 | | | | | 1300 |
| AMANDA CORSETTI ENDRIGHI | INDEPENDIENTE | | | 1275 | | | | | | 1275 |
| ANA GÓMEZ MUÑOZ | TEAM CALELLA TRIATHLON | | 1275 | | | | | | | 1275 |
| CASSANDRA LOPEZ ZAPATA | | 1275 | | | | | | | | 1275 |
| GABRIELA PAMIAS TRIEDO | INDEPENDIENTE | 1275 | | | | | | | | 1275 |
| GRISelda MOLINA ASENS | CE L'ARENY | | | 1275 | | | | | | 1275 |
| MARIA HERNANDEZ CONTIJOCH | CE RAYOTEAM | 1275 | | | | | | | | 1275 |
| MIREIA GUARDINO MESEGUER | CLUB TRIATLO JIJI-JAJA VINAROS | | | 1275 | | | | | | 1275 |
| MONTSE VELA ROLDAN | CLUB TRIATLO PARETS | 1275 | | | | | | | | 1275 |
| AIDA PINTÓ BIESCAS | LLICENCIA DE DIA | | | | 1275 | | | | | 1275 |
| EUGÈNIA NAVARRO ER-RAJY | LLICENCIA DE DIA | | | | 1275 | | | | | 1275 |
| LORENA GARCIA HOMS | CEU SUDACTIU | | | 1250 | | | | | | 1250 |
| MIRIAM CATALAN GIL | CE RAYOTEAM | 1250 | | | | | | | | 1250 |
| MONICA MONFORT ROCA | CLUB ATLETISME OLESA | 1250 | | | | | | | | 1250 |
| SARA ALBIOL | PROAM | | | 1250 | | | | | | 1250 |

| NOM | CLUB | DELTEBRE | CALELLA | AMPOSTA | PONT | TOSSA | SANT POL | VILANOVA | SANT VICENÇ | TOTAL |
|--------------------------------|-------------------------------------|----------|---------|---------|------|-------|----------|----------|-------------|-------|
| MARTA MARTIN ALEGRE | CLUB ESPORTIU Z5 | | | | 1250 | | | | | 1250 |
| ANALIA SOCORRO CAÑETE | PROAM | | | 1225 | | | | | | 1225 |
| EVA HOMBRADOS LOPEZ | C.A. JACA TRIATLON REST BIARRITZ | 1225 | | | | | | | | 1225 |
| LAURA GALÁN ABREGO | CLUB ESPORTIU I RUN WITH | | 1225 | | | | | | | 1225 |
| MARTA LATORRE RAMIREZ | INDEPENDIENTE | | | 1225 | | | | | | 1225 |
| MAI LY MIFFRE | LLICENCIA DE DIA | | | | 1225 | | | | | 1225 |
| JESSICA SANCHEZ MARTIN | CE MEDITERRANI | | | 1200 | | | | | | 1200 |
| MIREILLE LAPEÑA CALABUY | CE RAYOTEAM | 1200 | | | | | | | | 1200 |
| IVANA PERALTA LUCCHINI | C.N. MATARO | | | | 1200 | | | | | 1200 |
| JOANNA KAJCA | LLICENCIA DE DIA | | | | 1200 | | | | | 1200 |
| CELIA MEMBRILLERA SERRANO | TRISU | 1175 | | | | | | | | 1175 |
| ESTELLA BROTO LEMA | CLUB ATLETIC TORELLO | | | 1175 | | | | | | 1175 |
| EUGENIA DE LA IGLESIA PALACIOS | TRIATLON CIERZO | 1175 | | | | | | | | 1175 |
| VANESSA GUIRADO ROMERO | LLICENCIA DE DIA | | 1175 | | | | | | | 1175 |
| PAULA BALCARCE VARGAS | C.N. MATARO | | | | 1175 | | | | | 1175 |
| SUSAGNA RODRÍGUEZ RUANO | C.A. IGUALADA | | | | 1175 | | | | | 1175 |
| ANNA DUARTE VELASCO | TRI2WIN | 1155 | | | | | | | | 1155 |
| MARIANA VILARINHO | BR ESPORTES | 1155 | | | | | | | | 1155 |
| MARTA PARRI | INDEPENDIENTE | | | 1155 | | | | | | 1155 |
| LAIA PI BOLTA | C.N. CATALUNYA | | | | 1155 | | | | | 1155 |
| CARLA AGUILERA ORDOÑEZ | CLUB TRIATLÓ CORNELLÀ | 1135 | | | | | | | | 1135 |
| CRISTINA MARTINEZ RUBIO | C.N. VIC-ETB | | 1135 | | | | | | | 1135 |
| ELIZABETH CABELLO GIL | CLUB TRIATLO ATLES | 1135 | | | | | | | | 1135 |
| LAURA VIÑALS | INDEPENDIENTE | | | 1135 | | | | | | 1135 |
| MARTA PEREZ CALVO | TRANSPORTES SOLA ATLETISMO TARAZONA | 1135 | | | | | | | | 1135 |
| AÏNA GÜELL LLURBA | CAMBRILS CLUB TRIATLO | | | | 1135 | | | | | 1135 |
| JUDITH MASIA | INDEPENDIENTE | | | 1115 | | | | | | 1115 |
| LAURA COLLINS | INDEPENDIENTE | 1115 | | | | | | | | 1115 |
| BARBARA RUBIO FORCADA | FASTTRIATLON-C.N. MONTJUI | | | | 1115 | | | | | 1115 |
| MYRIAM HERNANDEZ | CLUB TRIATLO TARRAGONA | | | 1095 | | | | | | 1095 |
| NEREA MARTINEZ | | 1095 | | | | | | | | 1095 |
| PAOLA ROBBIANI | TRIJUPITER | 1095 | | | | | | | | 1095 |
| VANESSA ARRIBAS VALENCIA | CLUB ESPORTIU PRORUNNERS | | 1095 | | | | | | | 1095 |
| XÈNIA MOURELO VELASCO | LLICENCIA DE DIA | | | | 1095 | | | | | 1095 |
| ABIGAIL OCONNOR | INDEPENDIENTE | 1075 | | | | | | | | 1075 |

| NOM | CLUB | DELTEBRE | CALELLA | AMPOSTA | PONT | TOSSA | SANT POL | VILANOVA | SANT VICENÇ | TOTAL |
|---------------------------|---------------------------------------|----------|---------|---------|------|-------|----------|----------|-------------|-------|
| LAURA AROZA ROSELLO | TRITRAINING | | | 1075 | | | | | | 1075 |
| LAURA REBOLLEDA JANE | TRIENJOY TEAM | 1075 | | | | | | | | 1075 |
| NATALIA GARCÍA BARRIUSO | LLICENCIA DE DIA | | 1075 | | | | | | | 1075 |
| ANA MARÍA OTERO PIÑEIRO | ABSOLUT SPORT | | | | 1075 | | | | | 1075 |
| MARA CAMPOMANES PARDO | CH CERDANYOLA | 1055 | | | | | | | | 1055 |
| MARTINA REBULL JANE | INDEPENDIENTE | 1055 | | | | | | | | 1055 |
| PAULINE AIT-CHADI | LLICENCIA DE DIA | | 1055 | | | | | | | 1055 |
| TERESA IBAÑEZ PEDROS | CLUB TRIATLÓN CUARTE - BILSTEIN GROUP | 1055 | | | | | | | | 1055 |
| LAURA PARRA BUSQUETS | CLUB TRIATLO PARETS | 1035 | | | | | | | | 1035 |
| MIRIAM CERDA NAVARRO | 3.0 | 1035 | | | | | | | | 1035 |
| JUDITH ANDUJAR PIÑOL | CLUB TRIATLO GRANOLLERS | | | | 1035 | | | | | 1035 |
| LAIA GOMEZ | ITRIATLETES SOLIDARIS | 1015 | | | | | | | | 1015 |
| PILAR SAVALL GARCIA | CLUB TRIATLÓ CORNELLÀ | 1015 | | | | | | | | 1015 |
| JORDINA ESTEVE ESTEVE | LLICENCIA DE DIA | | 995 | | | | | | | 995 |
| MIREIA COYO ASENSIO | TRIJUPITER | 995 | | | | | | | | 995 |
| PAOLA MASFURROLL | MOOVE SPORTS FOUNDATION | 995 | | | | | | | | 995 |
| SABINA ORTEGA COSCULLUELA | LLICENCIA DE DIA | | | | 995 | | | | | 995 |
| AMANDA MARTIN | INDEPENDIENTE | 975 | | | | | | | | 975 |
| MARIA GALOFRE | ALL1 | 975 | | | | | | | | 975 |
| VIRGINIA SÁNCHEZ ALBARRÁN | LLICENCIA DE DIA | | 975 | | | | | | | 975 |
| MARIA BOIX FRIAS | C.E. KATOA BARCELONA | | | | 975 | | | | | 975 |
| ALBA SANCHEZ NAVAS | CLUB TRIATLO SABADELL | | 960 | | | | | | | 960 |
| IRENE MELINA ARAQUE | TEAM CALELLA TRIATHLON | 960 | | | | | | | | 960 |
| YLENIA GONZALEZ DUARTE | CLUB TRIATLO ATLES | 960 | | | | | | | | 960 |
| NOELIA GONZALEZ PEREZ | CLUB TRIATLO SABADELL | | | | 960 | | | | | 960 |
| ELISABET NAVARRO MALO | TRIATLO L'HOSPITALET | | 945 | | | | | | | 945 |
| NOELIA ESTEVE | MOOVE, ALL1 | 945 | | | | | | | | 945 |
| PILAR HERNANDEZ GARCIA | AMIGOS DEL RUNNING | 945 | | | | | | | | 945 |
| ANABEL MARTÍNEZ MARTÍNEZ | TRIATLO TERRASSASPORTS-CI | | 930 | | | | | | | 930 |
| ANNA GUELL AGUT | CLUB TRIATLO MALGRAT | 930 | | | | | | | | 930 |
| SANDRA BERNAUS PASCUET | C.U.D.O.S ARTESA DE SEGRE | 930 | | | | | | | | 930 |
| GEMMA GRACIA PASCUAL | INDEPENDIENTE | 915 | | | | | | | | 915 |
| KARELY CHAMORRO ZAMBRANO | TRANSTRIATLON | 915 | | | | | | | | 915 |
| LARA ARTERO BELTRAN | LLICENCIA DE DIA | | 915 | | | | | | | 915 |
| CARMINA CANDELLERO RAIMON | C.E. VILA OLIMPICA | | | | 915 | | | | | 915 |

| NOM | CLUB | DELTEBRE | CALELLA | AMPOSTA | PONT | TOSSA | SANT POL | VILANOVA | SANT VICENÇ | TOTAL |
|---------------------------|-------------------------|----------|---------|---------|------|-------|----------|----------|-------------|-------|
| LOES DEKKERS | LLICENCIA DE DIA | | 900 | | | | | | | 900 |
| MARINA BLANCO | INDEPENDIENTE | 900 | | | | | | | | 900 |
| LUCÍA CORDOBA MIÑANA | C.E. RAYOTEAM | | | | 900 | | | | | 900 |
| MONICA MARQUES MONNER | INDEPENDIENTE | 885 | | | | | | | | 885 |
| AÏDA SOLÀ HERNÁNDEZ | C.A. IGUALADA | | | | 885 | | | | | 885 |
| AiDA MUNTAL CORONADO | INDEPENDIENTE | 870 | | | | | | | | 870 |
| LAURA RODES | INDEPENDIENTE | 870 | | | | | | | | 870 |
| SARAH FURLAN AMARANTE | C.E. VILA OLIMPICA | | | | 870 | | | | | 870 |
| MENTXU JULIA BALLBE | INDEPENDIENTE | 855 | | | | | | | | 855 |
| MERCEDES SANCHEZ-CORTES M | CLUB TRIATLO GRANOLLERS | | | | 855 | | | | | 855 |
| ELISABET PRAT TERRADELLAS | INDEPENDIENTE | 840 | | | | | | | | 840 |
| MYRNA ROMERO VILLAN | BESTIAL WOLF | 840 | | | | | | | | 840 |
| MERITXELL PRADOS RAFOLS | INDEPENDENT | 825 | | | | | | | | 825 |
| NEUS DURAN BENITEZ DURAN | ITRIATLETES SOLIDARIS | 825 | | | | | | | | 825 |
| INES SERRA BAUCCELLS | INDEPENDIENTE | 815 | | | | | | | | 815 |
| MIREIA JULIA BALLBE | INDEPENDIENTE | 815 | | | | | | | | 815 |
| ALBA MARTINEZ DE LA CRUZ | CLUB ESPORTIU Z5 | | | | 815 | | | | | 815 |
| MONICA SERRA BAUCCELLS | INDEPENDIENTE | 805 | | | | | | | | 805 |
| RAQUEL MONTOSA GARCIA | INDEPENDIENTE | 805 | | | | | | | | 805 |
| VERÓNICA CORRAL FIESTAS | C.E. RAYOTEAM | | | | 805 | | | | | 805 |
| CAROLINA APARICIO CABANIL | CLUB TRIATLO SABADELL | | | | 795 | | | | | 795 |
| SARA DELPUEYO CASANOVA | C.E. RAYOTEAM | | | | 775 | | | | | 775 |
| ANDREA BROSEL VIAÑA | CLUB TRIATLO PROSAN | | | | 765 | | | | | 765 |
| LAIA SELVA MORAN | LLICENCIA DE DIA | | | | 735 | | | | | 735 |
| CARLOTA AGUILERA ORDÓÑEZ | CLUB TRIATLO CORNELLA | | | | 720 | | | | | 720 |
| EVA FONTANILLES ARBONES | CLUB TRIATLÓ ATLES | | | | 715 | | | | | 715 |